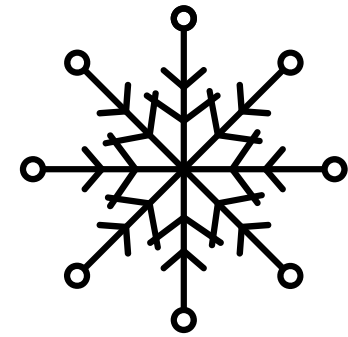


JANUARY



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TO DO'S

					Choose One Word	Doorknobs & Faucet Handles
Meditate	Visualize New Year Intentions	Toss Old Decorations	Drink a Green Juice	Organize Holiday Decor	One Word Mind Map	Light Switches
Nature Walk	Listen to Positive Podcast	Toss Expired Makeup	Yoga	Organize Cosmetics	One Word Year Intentions	Makeup Brushes
Facial	Read Something Inspiring	Toss Expired Coupons	New Exercise Video	Organize Purse & Wallet	One Word Vision Board	Couch Cushions
Mani/Pedi	Gratitude Journal	Toss Expired Food	Digital Detox	Organize Pantry	One Word Reminders	Fridge & Freezer

PROJECTS

SELF-CARE

MINDFUL

TOSS IT

WELLNESS

TACKLE-IT

FUTURE

SANITIZE